


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special events are in RED .			1 9:30 Morning Chats 10:30 Exercises 1:30 Jack Moose 2:00 Coloring 3:00 Bingo	2	3 9:30 Morning Chats 10:30 Exercises 1:30 Worship 2:30 Barb Bifle-Music 3:30 Ice Cream	4 Sonja 10-4 10:00 Current Events 11:00 CD Music 10:30 Walks 1:30 Roxie the Cat 2:30 Walks & Snacks
5 Sonja 10-4 10:00 TV Church 11:00 Parachute ball 1:30 Afternoon Chats 2:30 Toss Across 3:30 Ice Cream Cones	6 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 2:00 Crafts 3:00 Piano with Eleanor	7 9:30 Morning Chats 10:30 Exercises 1:30 CJ Carnival 3:30 Afternoon Chats 4:00 Flowers Care	8 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 2:00 Crafts 3:00 Bingo	9 9:30 Morning Chats 10:30 Exercises 1:00 Saber the Dog 2:00 Manicures 3:00 Lois-Art	10 9:30 Morning Chats 10:30 Exercises 1:30 Worship 2:30 Just Us Music 3:30 Ice Cream	11 Nurses 10:00 Current Events 11:00 CD Music 1:30 TV Movie 3:00 Coloring Pages and Snacks
12 Nurses 10:00 TV Church 11:00 CD Music 1:30 Puzzles 2:30 Dominoes 3:30 Snacks	13 10:30 Lincoln SR Chorus 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 3:00 Jim-Music	14 9:30 Morning Chats 10:30 Exercises 1:30 Daisy the Dog 2:30 Craft 3:30 Snacks 4:00 Flower Care	15 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 2:00 Puzzles 3:00 Bingo	16 9:30 Morning Chats 10:30 Exercises 1:00 Saber the Dog 2:00 Manicures 3:00 Craft	17 9:30 Morning Chats 10:30 Exercises 1:30 Worship 2:30 Kramer Sisters 3:30 Ice Cream	18 Sonja 10-4 10:00 Current Events 11:00 CD Music 1:30 Walks 2:00 Roxie the Cat 2:30 Piano w/ Emma
19 Sonja 10-4 10:00 TV Church 11:00 Parachute ball 1:30 Afternoon Chats 2:30 Dominoes 3:30 Ice Cream Cones	20 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 3:00 Craft 4:00 Snacks	21 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 2:30 Craft 3:30 Root Beer Floats	22 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 2:00 Southwood Lutheran Chapel 3:00 Bingo	23 9:30 Morning Chats 10:30 Exercises 1:00 Saber the Dog 2:00 Manicures 3:00 Lois-Music	24 9:30 Morning Chats 10:30 Exercises 1:30 Worship 2:30 Happy Hour 3:30 Walks	25 Nurses 10:00 Current Events 11:00 CD Music 1:30 TV Movie 3:00 Dominoes and Snacks
26 Nurses 10:00 TV Church 11:00 CD Music 1:30 Afternoon Chats 2:30 Puzzles 3:00 Dominoes	27 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 3:00 Jim-Music 4:00 Snacks	28 9:30 Morning Chats 10:15 NE Hearing 10:30 Exercises 1:30 Craft 3:00 Watermelon Feed	29 9:30 Morning Chats 10:30 Exercises 1:30 Afternoon Chats 2:00 Coloring 3:00 Bingo	30 9:30 Morning Chats 10:30 Exercises 1:00 Saber the Dog 2:00 Manicures 3:00 Craft	31 9:30 Morning Chats 10:30 Exercises 1:30 Worship 2:30 Sing Along 3:30 Ice Cream	

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SCR = South Community Room FDR = Family Dining Room AAL = Advanced Assisted Living DR CH = Kessler Chapel	All Activities are held in the Activity Room unless noted.		1 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 1:15 Walmart 3:00 Bingo 6:30 Loren Davidson-Music	2 9:30 Men's Coffee 10:30 Cardio Pump 1:15 Wii Bowling 1:30 Bookmobile 2:00 Banner Making 3:00 Chimes-FDR 4:30 Chapel-Calvary	3 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 2:30 Music with Barb as B-Cubed	4 9:30 Bible Study with Dale-SCR 10:30 Rosary 1:30 Movie
5 10:30 Catholic Communion 1:30 Worship with Pastor Kate 2:30 Movie	6 9:30 Catholic Mass 9:30 Healthy Strides-AAL 10:30 Fit For Life 1:00 Barber 1:30 Town Hall Meeting 3:00 Card Bingo 6:30 Games with Anna	7 9:30 Walking Club 10:30 Cardio Pump 11:00 Trivia 1:30 County Fair All Residents, Families & Trinity 4:00 Protestant Chapel & Communion-CH	8 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 1:15 Target 3:00 Bingo	9 10:30 Cardio Pump 1:15 Wii Bowling 1:30 Bookmobile 2:00 Women of the Bible Bible Study-FDR 4:30 Chapel	10 9:30 Book Study of Bonhoeffer-FDR 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 2:30 Music with Just Us	11 10:30 Rosary 1:30 Movie
12 10:30 Catholic Communion 1:30 Worship with Pastor Kate 2:30 Movie	13 9:30 Catholic Mass 9:30 Healthy Strides-AAL 10:30 Lincoln Sr. Chorus 2:00 Fit For Life 3:00 Card Bingo-Interim 6:30 Games with Anna	14 9:30 Walking Club 10:30 Cardio Pump 11:00 Trivia 2:30 Three Chords and a Cloud of Dust-Music Root Beer Floats to Follow 6:30 Pitch-FDR	15 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 1:15 Walgreens 3:00 Bingo	16 10:30 Cardio Pump 1:15 Wii Bowling 1:30 Bookmobile 2:00 Women of the Bible Bible Study-FDR 3:00 Chimes-FDR 4:30 Chapel-Methodist	17 9:30 Book Study of Bonhoeffer-FDR 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 2:30 Music with the Kramer Sisters	18 9:30 Bible Study with Dale-SCR 10:30 Rosary 1:30 Movie
19 10:30 Catholic Communion 1:30 Worship with Pastor Kate 2:30 Movie	20 9:30 Catholic Mass 10:30 Fit For Life 11:00 Trivia 2:00 Traci/Aging Partners Qigong: Promoting Balance 6:30 Games with Anna	21 9:30 Walking Club 10:30 Cardio Pump 11:00 Trivia 2:45 Birthday Party with Ruth Piano 6:30 Pitch-FDR	22 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 1:15 Target 3:00 Bingo	23 10:30 Cardio Pump 1:15 Wii Bowling 1:30 Bookmobile 2:00 Women of the Bible Bible Study-FDR 3:00 Chimes-FDR 4:30 Chapel-Zion Pres.	24 9:30 Book Study of Bonhoeffer-FDR 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 2:45 Happy Hour Ruth at the Piano	25 10:30 Rosary 2:00 Piano Music with Emma Smith
26 10:30 Catholic Communion 1:30 Worship with Pastor Kate 2:30 Movie	27 9:30 Catholic Mass 10:30 Fit For Life 11:00 Trivia 2:45 New Resident Social 6:30 Games with Anna	28 9:00 NE Hearing 9:30 Walking Club 10:30 Cardio Pump 11:00 Trivia 2:45 Watermelon Feed 6:30 Pitch-FDR	29 9:30 Healthy Strides-AAL 10:30 Fit For Life 11:00 Trivia 1:15 Shopko 3:00 Bingo	30 9:30 Men's Coffee 10:30 Cardio Pump 1:15 Wii Bowling 1:30 Bookmobile 2:00 Bible Trivia-FDR 3:00 Chimes-FDR 4:30 Chapel-Berean	31 9:30 Ladies Coffee 9:30 Healthy Strides-AAL 10:30 Fit For Life 1:30 CJ Book Club 2:00 Critchett/Lowry Organ Music	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	2 10:30 Cardio Pump-AR 2:30 Bands and Ball-SCR	3 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	4
5	6 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	7 9:30 Healthy Strides-AR 10:30 Cardio Pump-AR 2:30 Bands and Ball-SCR	8 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	9 10:30 Cardio Pump-AR 2:30 Bands and Ball-SCR	10 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	11
12	13 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	14 9:30 Healthy Strides-AR 10:30 Cardio Pump-AR 2:30 Bands and Ball-SCR	15 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	16 10:30 Cardio Pump-AR 2:30 Bands and Ball-SCR	17 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	18
19	20 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	21 9:30 Healthy Strides-AR 10:30 Cardio Pump-AR 2:30 Bands and Ball-SCR	22 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	23 10:30 Cardio Pump-AR 2:30 Bands and Ball-SCR	24 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	25
26	27 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	28 9:30 Healthy Strides-AR 10:30 Cardio Pump-AR 2:30 Bands and Ball-SCR	29 9:30 Rise and Shine-AAL 10:30 Fit 4 Life-AR	30	Location Key AR = Activity Room AAL = Advanced Assisted Living SCR = South Community Room	