

## Immanuel Retirement Communities – Effective March 19 and 20, Until Further Notice

Each of Immanuel's retirement communities, including all levels of care—55+ active living, independent living, assisted living and memory support—have elevated to Immanuel's tier-three infectious disease control protocols and implemented additional COVID-19 precautions from the Centers for Disease Control (CDC) and Centers of Medicare and Medicaid Services (CMS) with additional modifications to daily operations.

## Heightened precautions include:

**Continued restriction of visitors** to essential-only and requiring those who do visit to complete the CDC's symptom screening posted at each entrance and self-checking temperatures prior to entering. If symptoms are identified, following additional guidelines posted at our entrances.

Cancellation of all group (large and small) activities and life enrichment and wellness events in our community and asking residents to interact with adequate social distancing of at least three to six feet to reduce potential droplet transmission from person to person as defined by the CDC.

- To proactively practicing good neighbor support, we've also asked residents also pause residentdriven activities and gatherings in all communal spaces until further notice.
- We know connecting is important during this time and encourage residents and loved ones, neighbors and friends to talk on the phone daily.
- We also recognize that in supporting the well-being of some assisted living and memory support residents, special circumstances may arise that require groups of two to four in their respective neighborhood. We will accommodate these situations accordingly.
- Wellness of mind, body and spirit is a core element of life at Immanuel. Our teams are
  collaborating and leaning on technology as we swiftly extend new ways for residents to stay
  connected and engaged while our nation self-quarantines over the next few weeks.

## Closure of all Thrive Fitness and Wellness Centers and AgeWell Centers

Actively encouraging all 55+ active living and independent living residents to frequently screen for fever and respiratory symptoms and are actively screening and monitoring residents in higher levels of care. We also continue to share ample reminders for all residents to perform frequent hand hygiene.

Continuing to adhere to strict infectious disease best practices and protocols with employees including COVID-19 symptom training, additional CDC recommended infection prevention training, and limiting symptomatic employees from working until well.

In addition to the temperature monitoring stations at our entrances, requiring all employees to self-screen for respiratory symptoms prior to the start of their shift, and if they answer yes to any of these questions, to not report to their shift and contact their supervisor.

**Closure of all dining venues** and arranging for all residents to enjoy take-out or apartment/home delivery for all meals. We are waiving all associated fees until normal dining operations resume.



As Immanuel follows recommendations of social distancing and limiting gatherings for at-risk populations, we understand that communication between seniors, families and friends is paramount. We encourage all to continue to communicate with loved ones, family and friends via telephone, greeting cards and letters, video chat, email or social media.

Throughout this fluid situation we continue to work alongside local and state health care professionals, CMS, the Nebraska and lowa state and area health departments and other governing bodies to review and make an abundance of proactive precautionary adjustments.

Thank you for your ongoing understanding as we continue to heighten precautionary measures and respond to changes from our governing bodies. For additional information, please the resources section below and visit CDC's coronavirus disease information page.

## **Contact Directory**

Immanuel Village - 402.415.2641
Immanuel Courtyard - 402.682.7173
Immanuel Fontenelle - 402.683.8929
Arboretum Village - 402.704.3626
Pacific Springs Village - 402.704.3543
Lakeside Village - 402.704.4871
Lakeside Lofts - 402.317.5994
The Lighthouse - 402.769.3540
Trinity Village - 402.704.8169
Trinity Courtyard - 402.512.8681
The Landing at Williamsburg Village - 402.413.7714
Yankee Hill Village - 402.218.4688
Graceview Courtyard - 712.201.5339
The Shores at Pleasant Hill - 515.303.3565

Immanuel Pathways Omaha - 402.999.4889 Immanuel Pathways Central Iowa - 515.207.6251 Immanuel Pathways Southwest Iowa - 712.227.4441